

Building Thriving Relationships: The Art of Connecting

What if you could skillfully and gracefully build closer, more authentic connections with people?

What if you had the essential skills to confidently relate more effectively in every conversation, even the challenging ones?

Your success in your relationships and life is highly impacted by your ability to wisely navigate both personal and professional conversations.

Participating in this group will help you develop and increasingly master new communication skills. You will gain an understanding of the art and science underlying meaningful conversations. The result will be more successful, thriving relationships.

You will:

- Clarify your vision for relationships
- Become more intentional in your interactions
- Discover your own unique style of connecting
- Increase your capacity to influence people
- Handle natural differences with greater empathy and equanimity
- Integrate mindfulness practices into your life and relationships

Your participation will help you infuse your relationships with greater purpose, pleasure, and effectiveness. Regardless of how you intend to use what you learn in this group, you will see that all your relationships will be impacted positively!

Where and When:

San Francisco Thursdays 4:30-6:30 pm

Marin Tuesdays 4:00-6:00 pm

Fee \$65 per group

Call or write to set up an interview

Contact (415) 883-5600
 Daniel@relationships-that-work.com



Daniel Ellenberg, Ph.D., is in private practice in Marin and San Francisco. He works with individuals and couples and also facilitates groups and seminars. Daniel is the founder/director of *Strength with Heart* men's groups

and seminars, and a founding member of the Men's Counseling Guild. He is co-author of *Lovers for Life: Creating Lasting Passion, Trust and True Partnership*, director of Relationships That Work and a principal in the Authentic Leadership Institute. Daniel also does organizational work that focuses on creating open, non-defensive workplace relationships.

www.RelationshipsThatWork.com